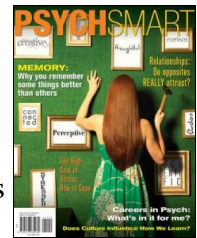


# PSY 105 General Psychology

**Course Purpose:** The purpose of this course is to help students develop an understanding of foundational concepts in the field of psychology.

**Recommended Textbook:** The primary learning resource for our study is the textbook, *PsychSmart, 2<sup>nd</sup> edition*. The authors are: Tanya Renner, Joe Morrissey, Linda Mae, Robert Feldman, and Mike Majors. Publisher: McGraw- Hill, Copyright year: 2012. ISBN: 9780078035289



The textbook is available through the McGraw Hill bookstore or through retailers such as Barnes and Noble and Amazon. Many textbooks are available for purchase or rent. Also, if you are trying to conserve funds you might wish to consider purchasing a customized e-book which includes only those chapters applicable to individual sections of this course. Click here to purchase a customized e-book for:

- PSY 105.1 Foundations of Psychology,
- PSY 105.2 Learning, Emotion, and Development,
- PSY 105.3 Personality, Wellbeing, and Psychological Disorders

**Course Learning Outcomes:** By the end of this study, students should be able to:

1. define both the science and the practice of psychology;
2. identify the various sub-fields and specialties within psychology;
3. understand the importance of the scientific method to the study of psychology;
4. explain how psychological research helps to infer cause-and-effect relationships;
5. compare different theoretical and methodological approaches to behavior;
6. master the major terms, names, concepts, and theories of psychology;
7. apply psychological principles and findings to solve real problems.

**Structure:** The study resources have been divided into three sections, each with several Areas of Study. The Areas of Study correspond to a chapter of the recommended textbook.

## PSY 105.1 Foundations of Psychology

- First Area of Study: An Introduction to Psychology
- Second Area of Study: Neuroscience and Behavior
- Third Area of Study: Sensation and Perception
- Fourth Area of Study: States of Consciousness

## PSY 105.2 Learning, Emotion, and Development

- First Area of Study: Learning
- Second Area of Study: Memory
- Third Area of Study: Thinking, Language, and Intelligence
- Fourth Area of Study: Motivation and Emotion
- Fifth Area of Study: Lifespan Development

## PSY 105.3 Personality, Wellbeing, and Psychological Disorders

- First Area of Study: Personality
- Second Area of Study: Stress, Coping, and Well-Being
- Third Area of Study: Psychological Disorders and Their Treatments
- Fourth Area of Study: Social Psychology

A sequential study plan has been provided for each Area of Study to help guide your learning efforts. Each study plan contains a variety of educational resources which will help you master the material and self test your knowledge. There are web links and interactive activities included in each

study plan as well as audio and video presentations. There are also computer scored practice quizzes to help you assess what you have learned. We recommend that you follow the study plan in its suggested order.

### **Academic Credit**

There are three examinations for PSY 105 General Psychology. Each examination contains approximately 50 multiple choice questions (some from each Area of Study) and has a one hour time limit. You may take an examination after you have adequately studied the material presented or otherwise feel that you are prepared to do so.

If you achieve a score of 75% or better on each of three exams in this course you will have successfully completed the full examination for General Psychology. If you score less than 75% on any examination, please study the material more thoroughly. After seven days, you may take a second or, if necessary, subsequent exam.

Course grades are added to a student's official record only after all three examinations have been successfully completed. Examinations that have a score of 74% or less are marked with an I for incomplete. I grades are not listed on a student's official record.

The Institute of America uses the following grading scale for all examinations:

Less than 75% = I 75-83% = C 84-92% = B 93-100% = A

All exams must be taken at an authorized testing location or, when necessary, be proctored by an adult unrelated to the student. A proctor must be a person of high moral character and be willing to oversee the taking of an online exam. (Note: Our incarcerated students use paper exams).

It is the preference of the registrar's office that students take proctored exams at settings such as public or school libraries, a local participating church, or a community based program center. Students may suggest a proctor who is an active or retired teacher, a clergy person, or another person knowledgeable of testing procedures. Please remember that individual proctors must be approved, in advance, by the Office of the Registrar.

### **Academic Integrity Policy**

Students are expected to maintain the highest standards of personal and academic honesty and integrity. Academic dishonesty, plagiarism, or cheating on exams will not be tolerated. Should a student be found in violation of the academic integrity policy, he or she will be prohibited from taking additional courses and his or her entire academic record will carry a permanent notation of dismissal for academic dishonesty.