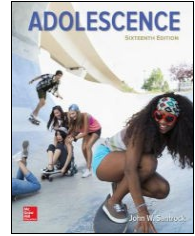


PSY 228 Adolescence

Course Purpose: The purpose of this course is to help students develop an understanding of key concepts, issues, and trends related to adolescent development.

Recommended Textbook: The primary learning resource for this course is the textbook, *Adolescence*, 16th Edition. The author is John W Santrock, University of Texas at Dallas. Softcover, 592 pages. ©2016 McGraw-Hill, ISBN-13: 9780078117183.



Learning Outcomes: By the end of your study, you should be able to:

1. Understand the psychological theories and models for the field of adolescence.
2. Explain the role of biological, physical, cognitive, and socio-emotional development processes in adolescence.
3. Discuss the research methods and ethical considerations appropriate for the study of adolescent development.
4. Understand some of the special problems affecting adolescents.

Structure: Learning resources have been divided into three sections, each with several Areas of Study. The Areas of Study correspond to a chapter of the recommended textbook.

PSY 228.1 Foundations of Adolescent Development

First Area of Study: Introduction to Adolescence

Second Area of Study: Puberty, Health, and Biological Foundations

Third Area of Study: The Brain and Cognitive Development

Fourth Area of Study: The Self, Identity, Emotion, and Personality

PSY 228.2 Issues in Adolescent Development

First Area of Study: Gender

Second Area of Study: Sexuality

Third Area of Study: Moral Development, Values, and Religion

Fourth Area of Study: Families

Fifth Area of Study: Peers, Romantic Relationships, and Lifestyles

PSY 228.3 Adolescent Achievement

First Area of Study: Schools

Second Area of Study: Achievement, Work, and Careers

Third Area of Study: Culture

Fourth Area of Study: Problems in Adolescence and Emerging Adulthood

Academic Credit: Academic credit is earned for this course by passing the Adolescence Examination. The exam has three parts which correspond to the sections listed above.