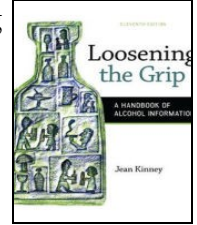


PSY 328 Alcoholism

Purpose: The purpose of this course is to help students develop an understanding of the effects of alcohol on the human body, societal issues related to alcohol use and abuse, and treatment options for those suffering with alcoholism.

Recommended Textbook: The recommended textbook for this course is *Loosening the Grip*, 11th Edition. The author is Jean Kinney, Dartmouth Medical School. Softcover, 704 pages. ©2015 McGraw-Hill, ISBN-13: 9780078028557.



Learning Outcomes: At the end of this study, students should be able to:

1. Discuss alcohol use and abuse in historical and societal perspective.
2. Describe the physical and mental effects of alcohol on the body.
3. Explain the etiology of alcohol dependence and the effects of alcohol dependence on the family.
4. Discuss options related to the treatment of alcoholism.
5. Discuss the impact of alcohol abuse on family life and community resources.

Structure: Learning resources have been divided into three sections, each with several Areas of Study. The Areas of Study correspond to a chapter of the recommended textbook.

PSY 328.1 Alcohol and Alcohol Abuse

First Area of Study: Alcohol

Second Area of Study: Alcohol and its Costs

Third Area of Study: Alcohol and the Body

Fourth Area of Study: Alcohol Use Disorders

PSY 328.2 Alcohol Dependence and its Effects

First Area of Study: Etiology of Alcohol Use Disorders

Second Area of Study: Medical Complications of Alcohol Abuse

Third Area of Study: The Behavior of Dependence

Fourth Area of Study: Effects of Alcohol Problems on the Family

PSY 328.3 Alcohol Treatment and Complicating Factors

First Area of Study: Evaluation and Treatment Overview

Second Area of Study: Treatment Techniques and Approaches

Third Area of Study: Special Populations

Fourth Area of Study: Other Psychiatric Considerations

Fifth Area of Study: Drugs of Abuse Other Than Alcohol

Sixth Area of Study: Odds 'n Ends

Academic Credit: Academic credit is earned for this course by passing the Examination on Alcoholism. The exam has three parts which correspond to the sections listed above.