PSY 334 Encountering Death and Dying

Purpose: The purpose of this course is to help students develop an understanding of social and cultural attitudes toward death, historical perspectives on death, the nature of end-of-life decisions, and untimely and tragic deaths.

Recommended Textbook: The recommended textbook for this course is *The Last Dance: Encountering Death and Dying*, 10th Edition. The authors are Lynne Ann DeSpelder, Cabrillo College, and Albert Lee Strickland. Hardcover, 736 pages. ©2015 McGraw-Hill, ISBN-13: 9780078035463.



Learning Outcomes: By the end of this study, students should be able to:

- 1. Identify some of the factors that have contributed to a lessened familiarity with death in America today.
- 2. Discuss how one's view of society and culture relates to one's personal view of death.
- 3. Compare death related rituals and beliefs found in various cultures.
- 4. Describe the emotional, physical, and ethical components of organ transplantation.
- 5. Identify factors that influence the onset of stress among caregivers and identify ways of alleviating such stress.
- 6. Summarize the various types of health care for terminally ill and dying patients and to differentiate between their functions, purposes, and methods of care.
- 7. Describe and assess various patterns of coping with life threatening illness.
- 8. Discuss end-of-life decision making.
- 9. Define bereavement, grief, and mourning and assess how bereavement may provide an opportunity for growth.
- 10. Describe how young children encounter loss and death as well as identify the kinds of losses experienced in adulthood.
- 11. Identify types of suicide and explain a strategy for suicide intervention.
- 12. Understand how beliefs about what follows death influence a person's choices regarding care of the dying.

Structure: Learning resources have been divided into three sections, each with several Areas of Study. The Areas of Study correspond to a chapter of the recommended textbook.

PSY 334.1 Attitudes and Perspectives on Death

First Area of Study: Attitudes Toward Death: A Climate of Change

Second Area of Study: Learning About Death: Socialization

Third Area of Study: Perspectives on Death: Historical and Cultural

Fourth Area of Study: Death Systems: Mortality and Society

PSY 334.2 End of Life Decisions

First Area of Study: Health Care: Patients, Staff, and Institutions

Second Area of Study: End-of-Life Issues and Decisions

Third Area of Study: Facing Death: Living with Life-Threatening Illness

Fourth Area of Study: Last Rites: Funerals and Body Disposition Fifth Area of Study: Survivors: Understanding the Experience of Loss

PSY 334.3 Untimely and Tragic Deaths

First Area of Study: Death in the Lives of Children and Adolescents

Second Area of Study: Death in the Lives of Adults

Third Area of Study: Suicide

Fourth Area of Study: Risks, Perils and Traumatic Death

Fifth Area of Study: Beyond Death / After Life

Sixth Area of Study: The Path Ahead: Personal and Social Choices

Academic Credit: Academic credit is earned for this course by passing the Death, Dying, Loss, and Grief Examination. The exam has three parts which correspond to the sections listed above.