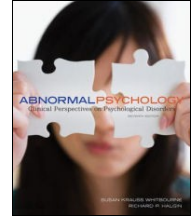


PSY 382 Abnormal Psychology

Purpose: The purpose of this course is to help students learn about basic concepts in abnormal psychology, types of mental disorders, and various types of treatment.

Recommended Textbook: The primary learning resource for our study is the textbook, *Abnormal Psychology-Clinical Perspectives on Psychological Disorders*, 7th Edition. The authors are Richard P. Halgin and Susan Krauss Whitbourne, University of Massachusetts at Amherst. Hardcover, 480 pages. ©2013 McGraw- Hill, ISBN-13: 9781259133381.



Learning Outcomes: By the end of this study, students should be able to:

1. Describe and evaluate the historical and cultural viewpoints as well as current theoretical views of psychological disorders.
2. Compare and contrast the symptoms of psychological disorders with non-pathological behaviors.
3. Discuss the clinical assessment of each of the major psychological disorders (e.g. anxiety, somatoform, mood, personality, and psychotic disorders as well as addictions) using the DSM for reference.
4. Distinguish myths and misconceptions from facts regarding psychological illness and therapy and apply facts to an understanding of the diagnosis, etiology, prognosis, and treatment of psychological disorders.
5. Evaluate ethical issues regarding treatment and the current status of treatment resources.

Structure: Learning resources have been divided into three sections, each with several Areas of Study. The Areas of Study correspond to a chapter of the recommended textbook.

PSY 382.1 Foundations of Abnormal Psychology

First Area of Study: Overview to Understanding Abnormal Behavior

Second Area of Study: Diagnosis and Treatment

Third Area of Study: Assessment

Fourth Area of Study: Theoretical Perspectives

PSY 382.2 Anxiety, Developmental, Psychotic, and Other Disorders

First Area of Study: Neurodevelopmental Disorders

Second Area of Study: Schizophrenia Spectrum and Other Psychotic Disorders

Third Area of Study: Depressive and Bipolar Disorders

Fourth Area of Study: Anxiety, Obsessive-Compulsive, Trauma and Stressor-Related Disorders

Fifth Area of Study: Dissociative and Somatic Symptom Disorders

Sixth Area of Study: Feeding- Eating, Sleep-Wake, Impulse Control, and Conduct Disorders

PSY 382.3 Sexual, Substance, and Neurocognitive Disorders

First Area of Study: Paraphilic Disorders, Sexual Dysfunctions, and Gender Dysphoria

Second Area of Study: Substance-Related and Addictive Disorders

Third Area of Study: Neurocognitive Disorders

Fourth Area of Study: Personality Disorders

Fifth Area of Study: Ethical and Legal Issues

Academic Credit: Academic credit is earned for this course by passing the Abnormal Psychology Examination.