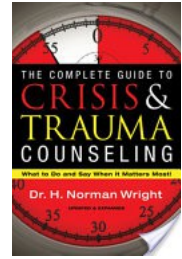


PSY 462 Crisis Counseling

Purpose: The purpose of this course is to help students develop an understanding of ministry to those who have suffered or are suffering crisis or trauma in their lives.

Recommended textbook: The recommended textbook for this course is *The Complete Guide to Crisis and Trauma Counseling*. The author is H. Norman Wright. Hardcover, 464 pages. ©2011 Baker Publishing Group. ISBN 9780830758401.



Learning Outcomes: By the end of this study, students should be able to:

1. Articulate an understanding of a Biblical perspective and principles that affect counseling.
2. Discuss grief and recovering from loss.
3. Explain crisis, phases of crisis, and crisis intervention.
4. Discuss the nature of trauma and its possible implications to the life of an individual and family.
5. Discuss the impact of unexpected or tragic death on survivors.
6. Discuss the impact of trauma on the lives of children and adolescents.

Structure: This course is divided into three sections. Each section has several Areas of Study which correspond to the chapters of the recommended textbook.

PSY 462.1 Biblical Perspectives on Crisis Counseling

First Area of Study: Counseling from a Biblical Perspective

Second Area of Study: Applications of Biblical Principles (Part 1)

Third Area of Study: Applications of Biblical Principles (Part 2)

Fourth Area of Study: Helping Others Recover from Their Losses in Life (Part 1)

Fifth Area of Study: Helping Others Recover from Their Losses in Life (Part 2)

Sixth Area of Study: Helping a Grieving Person Recover and Say Goodbye

PSY 462.2 The Nature of Crisis and Trauma

First Area of Study: What Is a Crisis?

Second Area of Study: The Phases of a Crisis

Third Area of Study: The Process of Crisis Intervention

Fourth Area of Study: When Time Doesn't Heal All Wounds

Fifth Area of Study: Helping the Trauma Victim

Sixth Area of Study: The Crisis of Death

Seventh Area of Study: Deaths You Will Encounter

Eighth Area of Study: The Crisis of Suicide

Ninth Area of Study: Helping the Suicidal Person and His or Her Family

PSY 462.3 Special Needs of Children and Adolescents

First Area of Study: Ministering to Children at a Time of Loss, Crisis or Trauma

Second Area of Study: Children's Crises

Third Area of Study: Guidelines to Help Children in Grief

Fourth Area of Study: The Crises of Adolescence

Fifth Area of Study: Helping the Adolescent

Sixth Area of Study: Using Scripture and Prayer and Making Referrals

Academic Credit: Academic credit is earned for this course by passing the Crisis Counseling Examination. The exam has three parts which correspond to the sections listed above.